

# THE ENDOSCOPY CENTER, PLLC

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## PREPARATIONS FOR AN EGD (ESOPHAGOGASTRODUODENOSCOPY)

**Patient name:** \_\_\_\_\_

**Location:**     The Endoscopy Center, Suite 810                       Alexandria Hospital

If you are taking *ASPIRIN, blood thinners, or iron supplements, i.e. PLAVIX, COUMADIN* please **STOP** taking these medications **THREE** days before your procedure.

Please ensure that you have discussed this with your physician.

If you have diabetes, **DO NOT** take your diabetic medication on the day of procedure. Please bring these medications with you and you may take them after your procedure. If applicable, take all **blood pressure** and heart medications on the morning of your procedure with very small sips of water.

Please consult with your doctor if you have any concerns regarding your medications.

**The day before the procedure** \_\_\_\_\_

You may have a **regular diet**. Please eat according to your **normal** schedule.

Eat foods that you would normally eat, in the amounts that are normal for you.

After dinner, you may have water or clear juice only.

**AFTER 12 MIDNIGHT DO NOT EAT OR DRINK ANYTHING, INCLUDING WATER.**

**The day of the procedure** \_\_\_\_\_

**DO NOT EAT OR DRINK ANYTHING, INCLUDING WATER, THE DAY OF PROCEDURE.**

PLEASE CHECK IN AT \_\_\_\_\_ A.M. / P.M.

THE PROCEDURE WILL BEGIN AT \_\_\_\_\_ A.M. / P.M.

**\*\*\*PLEASE DO NOT BRING ANY VALUABLES, i.e. jewelry, personal items TO OUR OFFICE ON YOUR PROCEDURE DAY AS WE CANNOT BE RESPONSIBLE IF THEY ARE LOST OR DAMAGED.\*\*\***  
**SINCE YOU WILL BE GIVEN IV CONSCIOUS SEDATION, YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU HOME.**

**NO TAXIS ARE PERMITTED AND DRIVING IS PROHIBITED FOR THE REMAINDER OF YOUR PROCEDURE DAY.**

**Please have your driver pick you up in The Endoscopy Center- Kenmore Bldg. Ste 810 / hospital.**

If you have any questions after or before work hours, please call (703) 823-0333 and the on-call physician will be paged.

### **Please note for The Endoscopy Center parking:**

If your procedure is before 8:00 am, please park your vehicle in the patient parking garage. This is the only elevator entrance in the early morning.

The elevators are operational after 6:45 am and can be accessed from Level A. If the elevators will not go to the 8<sup>th</sup> floor, follow the instructions in the elevator that explain how to get in touch with the service that will allow access to the 8<sup>th</sup> floor.

### **Please note for HOSPITAL procedure parking:**

Please park in the pay parking lot. You will need to check into the visitor entrance and enter through the left door for the Endoscopy Suite. If your procedure check-in time is at 7:00 am, please do not arrive any earlier- the Endoscopy Suite does not open until 7:00 am.